



TREC DC

The Trauma Resilience and Education Center
of Greater Washington, DC (TREC DC)
1350 Connecticut Ave. NW, Suite 602
Washington, DC 20036
www.trecdcpsychotherapy.org

Advanced Psychology Externship Duties and Opportunities

TREC DC provides therapy and education to individuals who have experienced traumatic events. Clients often present with symptoms of PTSD or other trauma or stressor related disorders, at times with co-occurring symptoms such as depression, disordered eating, insomnia, and/or substance misuse. Clients seen are mostly 18+ and come from a wide variety of backgrounds regarding race, ethnicity, religion, country of origin, and sexual orientation (among other factors). We are an inclusive practice and strive to provide culturally humble treatment, supervision, and consultation. Our approach aims to destigmatize mental health therapy within an empowering and affirming context.

TREC DC offers a one year externship for students pursuing an advanced clinical degree (PhD or PsyD) who have **already completed at least two years of clinical training**, at least one of which included providing therapy. Externs will have the opportunity to learn trauma-informed and evidence-based interventions for PTSD and its sequelae from a culturally appropriate perspective. They will also have the opportunity to be a part of education and community outreach programs/workshops that provide information about trauma. Additionally, externs are encouraged to be a part of programming development as it aligns with their interests and training goals.

Additional details:

- All virtual externship; some limited in-person slots if desired but an extern should check with their Director of Training to ensure that a virtual externship would be approved
- Sixteen (16) hours per week; minimum of 5 client hours per week
- Externs are required to attend virtual clinical consultation meeting weekly Thursdays 12-1pm
- Flexible work schedule
- Opportunities to co-facilitate groups, presentations, and/or workshops
- Gain experience in providing intake screenings and treatment planning
- Opportunities to participate in community outreach
- Weekly supervision with licensed clinical psychologist
- Weekly virtual clinical case consultation with licensed therapists and trainees **extern must be available on Thursdays 12-1pm*
- Monthly mentorship meetings for professional development
- Monthly didactic trainings on topics pertaining to PTSD and psychotherapy
- Typical start and end dates will be congruent to the academic year (late August/early September through May), with potential flexibility to begin earlier and/or end later as negotiated with each extern.

Application Information

- Applications accepted beginning 1/1/24 with a deadline of 2/2/24
- Please submit a cover letter, CV, and two letters of recommendation to: admin@trecdcpsychotherapy.org
- Further questions or to schedule a time to talk about the position: email admin@trecdcpsychotherapy.org
- Interviews will be conducted on Sunday 2/25/24; please let us know at the time of material submission if you cannot make this date